

New SmartHealth experience

**Subject**: A new SmartHealth experience is here!

WebMD, one of the most trusted brands in well-being, is the new SmartHealth administrator.

SmartHealth is Washington State's voluntary wellness program that supports you on your journey toward living well.

We encourage you to use SmartHealth to support your well-being. SmartHealth allows you to set goals and work on daily habits, participate in new challenges, interact with others through community posts, access podcasts, articles, videos, and more!

**You will need to register** to use the new SmartHealth. Step-by-step log on instructions can be found at [Accessing SmartHealth](https://www.hca.wa.gov/employee-retiree-benefits/accessing-smarthealth).

As you progress on your wellness journey, you may also qualify for the SmartHealth wellness incentive. Find details on the [SmartHealth](https://www.hca.wa.gov/employee-retiree-benefits/smarthealth-pebb) webpage.

**You’re invited to a SmartHealth overview**

Join WebMD for a demonstration of the SmartHealth platform and get oriented to the new features, tools, and custom experience SmartHealth offers.

**When and where**

January 25, 2024

Noon to 12:30 p.m.

GoTo Webinar

[Register](https://attendee.gotowebinar.com/register/5460147691604316509) to participate.

A recording will be available on the [SmartHealth](https://www.hca.wa.gov/employee-retiree-benefits/smarthealth-pebb) webpage by February 5, 2024.